# Blessings from Susan Lynne

July 2009



A Special Orb of Hope ぐ Joy by Susan Lynne.

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### Greetings!

Here we are in the last days of July. This is a time when we are being encouraged to take a step back, to observe and embrace the signs and messages we are being sent. Archangel Raziel has told me that this is the time to discuss the signs that the Angels and Universe send to us. Raziel is known as the Angel of Knowledge, and, by many, thought to be the most mystically charged of the angels. He is with us when we are working on, and developing, our deeper spiritual understanding.

Every single solitary day we are being given by God, the Angels, and The Universe, messages of Divine Truth that a great majority of us never realize are being sent. The reason for this is, to receive signs and messages; you need to be on the same frequency as the sender. If you wish to listen to sweet calming classical music, but the channel is stuck is between frequencies with static reception, the sound is out of sync.

The key to being on the same frequency, to receive messages and signs from those on the other side, from angels and from God, is to "BE IN THE MOMENT".

Living the Tao is when we make a concerted effort to only be in the exact second we are experiencing, aware with all our senses of what is around us. One of the most powerful ways I have found to stay in the moment and connect to the frequency (Raphael reminds me), is through breathing. Taking those three huge breaths through your nose, holding then exhaling like a grunting tennis pro. Doing breathing exercises morning, evening, and during all times of stress will for sure keep the channels of reception crystal clear. Here is a simple guide that Raziel has given me to pass on to each and every one of you:

#### Ask -

Be specific - If you are unsure whether to proceed or not, ask for a feather to appear. If you want a sign from a loved one that they are with you and at peace, you might ask to hear a certain song or for a butterfly to appear.

#### Faith -

Once you have asked, trust that the angels will send the message and do not over-analyze the message. Do not question it . . . believe.

#### **Trust Divine Timing -**

Remember the Angels, God, Universe are not on the fast-food track we are. They are listening, but will send the message at the perfect moment. Be very aware, with all of your senses, of signs which can be very subtle in nature. I am always hearing from people that they NEVER receive signs, but as the conversation proceeds I point out 3-4 they have missed.

#### Notice -

Remember to be in the moment, the present. Breathe (the language of angels) and be open to receiving.

### Gratitude -

Be grateful and appreciative of the signs. Experience the messages that come your way. Cherish them as rays of pure gold. SAY THANK YOU.

Raziel wants you to be aware of the many different signs you may be receiving but have overlooked. They can include: Clouds, Coins, Feathers (white & colors), Music, Words, Rainbows, Butterflies, Birds (as well as other animals), Rainbows, Voices, Scents & Aromas, Light (white as well as colors), Numbers, feeling a sudden change in air and temperature, Electronics etc....

In closing, Raziel wants you to embrace your angels and be an active participant in this glorious journey, not just in times of need, but daily.

Angel Blessings,

Susan Lynne

## Susan Lynne Essential Oils - Coming Soon!

The oils are almost ready! Please be on the lookout for details to be added soon to **my website**.

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