

# Blessings from Susan Lynne

October 2009

**All  
you  
need  
is   
love.**

Congratulations to  
Trisha Reardon!!

Winner of a 20-minute phone  
reading from this year's  
Natural Living Expo.

Greetings!

A million angel hugs go out to all, as we bring to an end this wonderful month of October. October is, without a doubt, one of my favorite months. It is all about opportunities, preparing for the year's end, and laying the foundation for next year's hopes and dreams.

Over the past month Archangel Chamuel, who helps us to soften our hearts, has been helping me spread the message that the only thing that is important, all we truly need, is **love**. Yes, it's just like the Beatles' tune, "**All We Need is Love**".

"If only it were that simple!" a client said to me recently. I know for sure that it really is that simple. In fact, Chamuel wants each and every one of us to simply open the portals of our hearts.

The quickest way to achieve a wonderfully soft heart, that is open to all, is to practice "5 minutes of love" daily. This is an exercise where you commit to speaking with someone you know (a co-worker, family member, or friend) and, for five minutes, talk only about that which you love. It is so simple; you are at lunch with a co-worker and you mention how you love the colorful autumn leaves and the crispness in the air. Your friend may reply that they love the start of the winter snow flurries and hot chocolate with melting marshmallows. I can guarantee you that if you practice five minutes of love, it will totally take you into a state of wonder. When we open our hearts, and allow ourselves to experience that state of wonder that was so second nature to us during our childhood, anything - yes anything - is possible.

Chamuel, as well as Archangel Raphael, would like everyone to, at least once a month, do something that you have never-ever done before. If you are able to do this with someone close to you, it is even more amazing. The purpose of this exercise is to take expectation out of the mix. Everything now-a-days seems so very structured and planned; even, sad to say, how we love. When you take the time to be in the moment, and experience something with no thought of expectation, just feeling the love, wonders and joy are not far behind.

Chamuel's gift to you this month is an affirmation that I encourage all of you to say daily. "*Archangel Chamuel, the angel of pure love and peace, send me your loving energy, softening my heart and opening its door. Let me feel the*

*wonder and joy that was so easy to know in my youth. Guide me to a life with love."*

I would like to take this time, as we are harvesting the hopes and dreams October brings, to give thanks to all who have helped and been there along the way, making Mediumlink everything it is. So welcome to the first of what, I know for sure, will be my annual Thank an Angel Award. It could not have been done without them:

Judi Byers, who without a doubt, is a saint whose measured patience, vision and focus is invaluable to me.

Mark Byers, my webmaster, who is the heart, soul, and brains behind the website. How he does it, I do not now.

Joyce Byers, who so graciously has shared Mark.

Nick Barker, my husband who produces my CD's (and is the muscle behind event set-up).

Holly White, who has featured me on her web site <http://www.souls-r-we.com/> (on Meet the Medium). Angel-kisses sweetie.

Clare, Lou, and the entire Pathways Staff, who each and every year make it easier and easier for me. Thanks.

Clay Smith, his wife Joy, and the entire Spirit Watch team, who have shared their dream and vision. They are like family.

Carol, Shawn, and Shirl, the owners of Gabriel's Inn. Angel-kisses and thanks.

Melissa and Charlie Bailey, who were there from the beginning, hosting my first Angel Workshop. Angel-thanks.

Maryelen who is the heart and soul of Festival of Light. Thanks.

Sandy Hansen, whose kindness to me in my time of sorrow I always remember.

Joanne, Rosa and the entire staff of Eyma, Valia, Teresa, Bruno, Scarlet, Lenda, Renee, Nancy, Tatiana, Sandi, Sandy & Sandy, Tony, Joe, Marsea, Diana, Sherry, Melanie, Dee, Jean, Linda Miller, my brother John and all my clients and those who read my newsletters, blogs, and musings.

Last, but not least, to my mom, Mary Evelyn Martin, who everyone has met through the site. She made this all possible.

Is there an angel you should thank? If so, there is no time like the present to send them your own personalized angel-blessings.

Angel Blessings,  
Susan Lynne

## **FESTIVAL OF LIGHT**

**Saturday, November 7 - Sunday, November 8th  
10:00 am - 4:00 pm**

**The Ice House in Berkeley Springs, West Virginia**

**[>> Click Here to View more details](#)**

Featuring 30+ vendors as well as lectures, demonstrations, mini-readings and hands-on-work. I will be available for individual readings and consultations.

HEALING - Essential Oils, Flower Essences, Hand & Foot Reflexology, Sound, Color, Light, Vibration, Homeopathic Remedies, Meditation, & Reiki

PSYCHIC - Astrology, Crystal Work, Dowsing, Energy Work, Master Alignment, Numerology, Shamanism, Tarot & Much More!

Five percent of my proceeds from this event will benefit the Manna Food Center.

Hope to see you there!

**Susan Lynne**  
301.906.2203 [susanlynne@mediumlink.com](mailto:susanlynne@mediumlink.com)