Blessings from Susan Lynne

April 2008



Greetings!

As we move closer to the end of April, let us take a moment to better understand the fourth month of the year -- a time for learning and teaching. In recognition of Earth Day, I would like to honor nature and remind you of how we can connect each day with the Earth's spirit and energy.

EARTH DAY

Just a few decades ago, Earth Day was a blip on the world's radar

screen; a day for the "tree huggers" in the world. In actuality, the initiative was brought to the attention of President John F Kennedy by Senator Gaylord Nelson, which in turn, brought about the National Conservation Tour.



In September of 1963, President Kennedy led a five day, eleven state tour but received little recognition as the nation was not yet ready to truly understand and embrace the issue at hand. Six years later, Senator Nelson wisely tapped into the energy of the anti-war effort and this ushered the initiative to move along an ever "greening" path.

It is so appropriate to use the term "green". Green is the resulting combination of the colors blue and yellow. The passive calmness of blue mixed with the intensity of yellow brings about the nurturing effects of green. Green is found in many places, just as everything in this wonderful world is comprised of energy.

If we want clarity and balance with respect to our own energy, it is imperative that we honor the Earth. This wonderful planet needs to be given the same honor and respect that we expect of those visiting our own home. Would you allow someone to enter your home throwing food, trash and spilling toxic materials? Of course not!

I challenge everyone reading this to assess the effect you have on your environment and to be mindful of the impact you have on our planet. If everyone does one eco-friendly action daily and speaks up on this incredibly important issue - imagine the changes that would occur!

I would love to feature anyone who has a personal story or one of someone who is making a "greening difference".

Wishing you all a blessed and nurturing month of April!

Angel Blessings,

Susan Lynne

Pope Benedict's Visit

I had the great fortune of seeing Pope Benedict during his recent visit. Please visit **my blog** to read about this incredible experience!



FAIRIES

While embracing nature, let us explore our friends the fairies. Almost everyone believes in angels but few in this country believe in fairies. In the United Kingdom and Australia, the belief in fairies is more widely accepted.

For those that may be wondering - Yes, I do believe in fairies. The first encounter I had with these beings

was when I was about four year old in the rolling green hills of Kentucky. My Grandmother Jesse, who had quite the connection with fairies, guided me to my first encounter and they have been in my life ever since. Fairies add balance, joy and bring songs to my spirit.

Now you may be wondering how you can connect with fairies on your own. First you need to find a quite space where you can be one with nature. As you are absorbing all of the energy of your surroundings, you call out to them sing, laugh, or skip. Fairies are attracted to joy as well as playful (almost mischievous at times) behavior. I have seen them many times near a stream, in the forest, and especially at the beach!

Fairies are guided by, and answer to, the Angels. They take care of nature, the environment, as well as our animal friends. Many are of the notion that God created the fairies from all four of the elements - air, water, earth, and fire. Unlike the angles, fairies can be quite judgmental. Keeping consistent with their nature, they love to play tricks and practical jokes on humans. They have no patience for those who refuse to recycle or dirty the environment.

I encourage all to connect with and honor the fairies that surround them. Fairies believe they have a duty to help humankind as well as nature and animals in the following ways:

1) Reminding us that everything is alive and that we are to be kind to our animal brotherhood.

2) Encouraging us to take time to enjoy life and make sure we are honoring nature in all its glory.

3) Recognizing that life is a grand magical adventure and all that we need and want is within our grasp!

Connect with your fairies. Tune into the joy and magic that God never wants us to lose. Wake up each morning saying, "I Do. I Do Believe!!!" Trust me, once you let them in, you will wonder how you ever did without them.

KARMA FEST 2008 - JUNE 7 & 8

This summer, I will participate in <u>KarmaFest</u>on June 7 & 8. I will be posting more detailed information on my website <u>www.mediumlink.com</u> in the next few wee ks.

In the meantime, I hope that you will continue to check out my blog available on my site under the **About Susan Lynne** tab. In the coming weeks, I will also be adding a separate section to discuss Angels and My Spiritual Favorites. Please be sure to check my site regularly for postings!

Susan Lynne 301.906.2203 <u>susanlynne@mediumlink.com</u>